

The following is a BioMarker Evaluation via Vocal Profiling developed from the research tenets of Human BioAcoustics. The software used for this evaluation is available to the public at www.nanoVoice.org at no charge. **Profiles are presented as Management Reports to be shared with a wellness provider in the hope of sparking discussion and insight.** All issues are expressed in terms of Frequency Equivalents™



Two recordings were used to complete this BioMarker evaluation of Meghan Markle, Duchess of Sussex, to determine potential indicators of wellbeing:

1. <https://www.youtube.com/watch?v=TZQiB1ChLAQ> - published Oct. 2018
2. <https://www.youtube.com/watch?v=ipuU0hHYiF4> - published Nov 27, 2017

Both vocal prints were evaluated for common frequencies that may indicate potential ongoing issues and should be considered to be Management Reports for medical professional interpretation

Meghan Markle, Duchess of Sussex

Both vocal profiles indicated significant ongoing genetic, metabolic issues dealing with the use of Choline; a B vitamin family member. This is particularly important in terms of the Duchess' current pregnancy because choline deficiency during pregnancy has been linked to Autism by a study done at the Boston University School of Medicine.

Choline is a nutrient precursor to the brain chemical acetylcholine, which plays a key role in cognitive and nerve function, brain development, muscle movement, liver function and memory sustainability. Low acetylcholine levels are strongly associated with a lack of cell signaling and dementia.

Choline and acetylcholine showed significant stress in both of Markle's profiles which were recording about a year apart. In addition choline receptors showed to be an issue indicating that the choline deficiency can not be managed by simple choline supplementation.

Emotionally choline helps increase the ability to cope with stress. It is an essential component of the central nervous system and helps move fats throughout the body. Choline impairment often leads to a fatty liver and issues associated with weight management and blood sugar issues. This often shows as alcoholism on the side of the family that carries the associated genes.

MM's emotional evaluation indicates a mentally evaluating, then emotionally supporting perspective on life. She is not as action oriented as Harry or most of the rest of the Royals. She would rather take her time to evaluate a situation so that she can come up with a well-thought plan for improvement. Issues with choline usage may find her a bit-short tempered which in her case is diet related.

Choline is sometimes referred to as B4 and can be synthesized by the human body, but not sufficiently to maintain good health. Dietary choline can be found in eggs, liver, peanuts, meat

poultry, fish, dairy foods, spinach, beets, wheat and shellfish. Wheat and milk sensitivities would exacerbate the Choline issues.

References:

<https://www.psychologytoday.com/us/articles/201701/the-case-choline> - best article

<https://www.prweb.com/releases/2018/04/prweb15423299.htm>

<https://www.sfari.org/funded-project/perinatal-choline-supplementation-as-a-treatment-for-autism/>

Vocal Biomarkers Market 2018 Expected Reach USD 2.5 Billion Revenue at Booming CAGR of 14.5% | Detailed Analysis by Global Industry Revenue – Asserts MRFR Till 2023

Press release from: [Market Research Future](#) - 08-22-2018 12:50 PM CET - [Health & Medicine](#)

These BioAcoustic Management Reports were created by Sharry Edwards, MEd, from computerized reports provided by the Institute of BioAcoustic Biology & Sound Health.

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STATEMENT OF FACT: The information herein contains opinions concerning correlations between personality traits and frequencies found within the voice. The computer printouts are generated by a computer using fast Fourier transforms and voice spectral analysis developed by the Institute of BioAcoustic Biology – a non-profit research organization: SoundHealthOptions.com – 740-698-9119.

Vocal Profiling Note Correlate Chart

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NOTE CORRELATE CHART		
EMOTIONAL		PHYSICAL
Self power, ego, self direct, leader, excitement physically motivated	C	Large, thick muscles, heart gross circulation, female reproduction
Champion of justice, fair play, hard on self, stubborn, hard on others as a cover	C#	Tendon, ligaments, tissue linings, circulation of digestion, bowel
Self approval, expects reciprocation caretaker, likes to organize, examine and fix self and others	D	Liver, gallbladder, pancreas digestion, appetite, production of enzymes and hormones
Information brokers, not apt to share "real" self easily, uses narrative examples to teach	D#	Cellular oxygenation, transport of minerals and oxygen to eyes and muscles
Self approval issues, uses words first to convey message and meaning, appreciation	E	Wet moist tissues, lungs, eye, nose, bronchial structures diaphragm,
Planner, ability to see flaws in the plan of others, balance between perception and action	F	Kidney, environmental allergies prostate, male reproduction, lower back, cranial balance
One who carries out the plans, does intuitive about the needs of others share and loves wholeheartedly	F#	Blood filtering and screening manages mineral balance flow of fluids, nutrients
Game player, likes to mix and manage the physical aspects of life motivated by future events	G	Neurotransmitters, balance of minerals and enzymes bone matrix, water balance
Wants to make a difference, likes to help and satisfy others hands on, time conscience	G#	Resource maintenance and storage, with C# retrieves nutrients from the bowel
Spiritual, takes care of the needs of others, interprets/acts from within self	A	Eye flexibility, electrical issues non-physical issues, resource management, aging
Highly intuitive, reads between the lines, can put aside self for others likes mental games, hurts easily	A#	Immune system, adrenal issues with E-allergy related, body detoxification, oxygen regulation
Link between self and universe needs harmony and balance in personal life and occupation	B	Subtle circulation, body/mind connection, small body mechanics nerves, body magnetics
Meditative, answers to God's LAW	B/C	Body system integration and communication

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Thank you for taking the opportunity to experience the nVoice™ Personality Profiler computer program. As you speak into the microphone, the computer will catalog your words into musical notes and patterns. Your print-out will reflect the twelve notes of the musical scale – C, C#, D, D#, E, F, F#, G, G#, A, A# and B; plus the octave(s) in which you speak. The notes, octaves and general architecture of your vocal graph are used to create a computerized nVoice Personality Profile for you. Each of these notes has general characteristics which are explained in the chart above.

Remember that each written report will reflect what you say as

as we collected data. We would appreciate feedback as to how you think your profile matches the REAL you.

For this particular type of vocal profiling, your emotions can greatly influence the outcome. If you would like information about a variety of subjects, take several voice samples; keeping to one subject for each profile. Every print-out will be “flavored” by the subject you talk about.

You may find conflicting statements on your report. This indicates that these same conflicts reside within your own personality. As you talk about different subjects you will be able to determine the conflicts and joys of each subject.

If you doubt the accuracy of your nVoice Personality Profile, ask a friend who will tell you the truth about how you are perceived by others.

If you print your report in color, there is a possibility that you will have one or more of four different colors on your chart- blue, red, yellow and green. Multiple colors on one chart indicate a multi-faceted approach to that subject.

Blue is indicative of an overall love for humanity, the ability to put others first, an emotional perspective and possible naiveté. A nun or minister type who gives more than they receive.

Yellow is indicative of mental processing, an intellectual outlook, a logical, cautious perspective. A lawyer type who can see all sides and acts depending on the desired outcome.

Green indicates a need to accomplish, someone who can plan ahead, appears reliable and is ready to go after careful thought. A Farmer type; on the negative side a con man.

Red is indicative of a physical call to action but without a lot of thought for the consequences of the action. Red likes to see and do things first before the rest of the crowd. A Fireman type who can assess a situation quickly and act accordingly.

A demo version of
this software can be
downloaded from
www.nanoVoice.org
along with
instructional video
and charts

Each note needs to be matched with a color and its interpretation.

For example someone could have a very high note of C that was red – this person might use his/her ego or strength to get their way without much thought for the outcome. A bully or autocrat.

If the same high C was green that person might use their first-hand experience to manage getting something accomplished. A leader by qualifications alone who may or may not have many people skills. A workaholic who has little respect for the time commitments of others.

If the high C was yellow the person might want their way because of their education or position. They tend to think they knew best for everyone involved. There is usually a disregard for the opinions of others with this politically astute yet authoritarian perspective.

If a high C is blue this is likely to be an emotional leader who champions a cause for the rights of others. This is not always a logical or rational leadership style but more of a charismatic approach. An uncompromising extremist.

Each note can be assessed using the color and note information. Remember that the examples above are for extremes of a note being well above normal.

Nothing is wrong in your voice; it is what you do with the information that is important. This evaluation is by no means inclusive. It serves to provide a perspective about you as it relates to your topic you chose. For more information about your **nVoice** report, please visit your nearest Human BioAcoustic Vocal Profiling professional.

More profiles of the rich, famous and ordinary: SoundHealthOptions.com or call the Ohio office for Sound Health - 740-698-9119 – M-F, 9-5 Eastern Time. Info@SoundHealthOptions.com